

# CHARLES DICKENS SCHOOL – PHYSICAL EDUCATION

## Facilities

The Department consists of 7 teaching staff and boasts excellent facilities with a sports hall (4 badminton courts), a fitness room with the latest strength and conditioning equipment, a gymnasium, 2 MUGAs, two very large fields with football and rugby pitches on, as well as a long jump and triple jump area. We are fortunate in PE to have our own PE classroom which is used only within the department for our theory lessons.

The Physical Education Department deliver BTEC Tech Awards (2022) to the students when they are in KS4. We have excellent ICT facilities throughout the school and our lessons are taught as a combination of theoretical classroom lessons, practical lessons and coursework lessons where students will complete their final versions of any coursework. Students access home learning through Show My Homework. All staff resources are available online via SharePoint.

## Key Stage 3

KS3 (Year 7 & 8) Physical Education is delivered through 3 x 60-minute lessons per fortnight. We deliver a diverse and balanced curriculum to enable students to experience a wide range of sports throughout the year. The curriculum is planned specifically to ensure that learners are building sufficient knowledge and skills to enable them to perform well in KS4 PE, successfully on our KS4 examined course and adopt a lifelong love for sport. Students also have the opportunity to challenge themselves at extra-curricular clubs and fixtures, which are run in line with the district sporting calendar. We also offer a diverse range of extra-curricular clubs supported by the local SGO.

## Key Stage 4

Physical Education at key stage 4 includes core PE and BTEC Tech Award. Students in core PE continue to access high quality physical activity through an increasingly diversified curriculum, with the addition of option pathways to include performance, team games and healthy active lifestyles in Year 11.

Physical Education at Level 2 remains a popular choice with students with 3 classes of students opting for PE in KS4. At Charles Dickens we offer the Pearson BTEC Tech Award in Sport. In Year 9 students learn Component 1 of the course, Preparing Participants to take part in Sport and Physical Activity. In Year 10 the students will study Component 2, Taking Part and Improving Other Participants' Sporting Performance. In Year 11 students will prepare for the final component, an exam taken at the end of the year; Developing Fitness to Improve Other Participants' Performance in Sport and Physical Activity.