

# Support and Advice for Senior Leadership Teams

Did you know Kent Teach have **Wellbeing and Retention Advisors** available to talk to your Senior Leadership teams on all aspects of staff wellbeing and retention?

Our Advisors can share best practice from schools, sign post you to useful websites and free resources as well as supporting answering your questions on our fantastic Cantium Support services which include:

- ▶ Staff analytics - Do you know how your staff really feel? Where will you focus first? How will you measure improvements made from the actions you take?
- ▶ Wellbeing Strategy, Action Plans and Embedding
- ▶ Staff Counselling and 24/7 Employee Assistance programmes
- ▶ Mental Health First Aid Training (Adult)
- ▶ Mindset and Language training focussing on driving positive mindsets and dealing with change
- ▶ Physical wellbeing programmes
- ▶ Health workshops ranging from nutrition, stopping smoking to general health checks for staff
- ▶ Mental Health E Learning programmes
- ▶ Coaching and Mediation
- ▶ Debt Counselling and Financial Education workshops

Access your Wellbeing and Retention Advisors for a free and confidential chat: 03000 410203,  
[kent.teach@cantium.solutions](mailto:kent.teach@cantium.solutions)