



## How to Find the Perfect School for You

- 1 Check wellbeing practices:** How are staff supported with stress and workload? Is there a Mental Health First Aider?
- 2 Ask the school questions:** Why is the previous teacher leaving? How much planning time will you get? What is staff turnover like?
- 3 Long term career goals:** Is there flexibility to teach another subject/year group? Have staff moved up the career ladder? What CPD is on offer?
- 4 Check out the local area:** Read reviews and news reports to get a feel for the area you will work in.
- 5 Always take a peek of the staff room (if possible):** gain insight into staff behaviour and attitude
- 6 Make sure it is right for you:** Can you see this school and working environment fitting into the life you want to have?

