

All about me and my learning



Name

Date:

Trusted adult helping me with my plan.

Things I am really good at

(What are your **LEARNING SUPERPOWERS**? This could be something you do in school or outside school.)

EXAMPLE:

I'm great at drawing animals
I'm great at football



- Drawing
- Reading
- Maths
- Telling stories
- Solving problems
- Football
- Being a kind friend

- Being a good player
- Writing stories
- Crafty things
- Sport
- Making things
- Mending things
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Other things

Things that feel tricky sometimes

We all find different things hard - what's tricky for you in your learning?



• Writing a lot

• Sitting still

• Reading out loud

• Listening

• Spelling

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• Remembering instructions

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• Speaking in front of others

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• Keeping focused

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Other things

Tell us a bit more

Sometimes I struggle with.....



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Now tell us about your proud learning moments. Things you've worked hard on or improved at both in and out of school.



EXAMPLE: I used to find spellings hard but now I practice with Mum every night.

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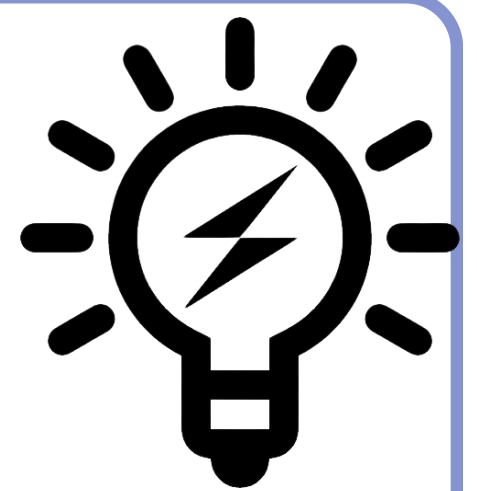
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How I learn best

What kind of learning feels right for you and enables you to do your best?



- | | |
|---|--|
| <input type="checkbox"/> • Working with others | <input type="checkbox"/> • Working on the floor |
| <input type="checkbox"/> • Working by myself | <input type="checkbox"/> • standing up |
| <input type="checkbox"/> • Listening to someone explain | <input type="checkbox"/> • Using a computer to type |
| <input type="checkbox"/> • Watching and copying | <input type="checkbox"/> • Doing something with my hands |
| <input type="checkbox"/> • Using colours and pictures | <input type="checkbox"/> • Working in a quiet spot |
| <input type="checkbox"/> • Talking it through | • |
| <input type="checkbox"/> • Taking short breaks | • |
| <input type="checkbox"/> • Being able to move | • |

Other things

Things that help me shine with my learning



- Sitting in a quiet space
- Using headphones
- Listening to music
- A fidget object
- Having a movement break
- Working with a Learning partner
- Working with a checklist
- Extra time to think
- Talking to an adult
- Having choices
- Step by step instructions
- Choosing the level of challenge
- Wobble cushion or theraband
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What I want to achieve



Example: I want to feel more confident putting my hand up.

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How the adults can help me



Example: "Give me a check list to work from."

"Let me talk through my ideas."

"Let me work with a learning buddy to help answer questions"

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Things that make a good day at school for me



- When it is calm and I Know the plan for the day
- We get to chose how to show our work
- Being able to move around when I need
- A quiet space during busy times
- Reminders of when things will happen
- Check-ins with my key staff
- Working with a buddy/on my own
- Using a keyboard to write
- Having the task broken down into stages
- Having a buddy to ask about things so I don't have to wait for the teacher
- Having a sensory object to use when I have to listen
- Being able to doddle when I am listening
- Other

Things I wish my teacher knew.



This can be about how you learn best, how you feel when you're trying to learn, how it feels in the classroom or something you wish the adults knew and understood about you. **Example:** Sometimes I need time to think before I answer OR I do better when I can move.

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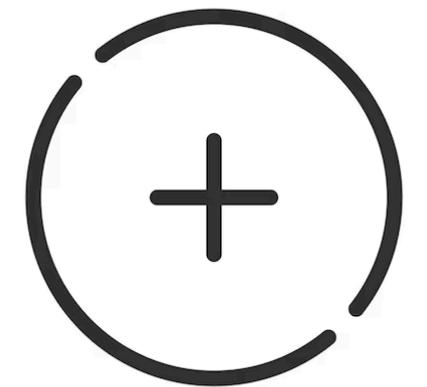
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Anything else you would like us to know



Example: I love science experiments OR Sometimes I worry that I am too slow with my work.

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Thank you for telling us all about YOU. Your thoughts and ideas will really help us think about you and how you learn in the classroom.