

Supporting Others



Session Objectives: To use a variety of ways to support others in learning and in other ways.



Session Outcomes

- ✓ To be able to demonstrate and share a variety of ways to support others both in the classroom with learning and out of the classroom

Lesson Plan:

- Ask the children to think of ways that they have watched their class parent support their class baby.
- Explore how this might make the baby feel and how this may impact on the way they relate to others.

For those classrooms not able to undertake the Circles for Learning Project, video clips or photographs can be used to support the discussion around the topic and stimulate thoughts and ideas from the children and young people.

Task

KS1: Create a class assembly showing different ways to support others and how this can make people feel.

KS2: Maths problems workshop - children bring a maths puzzle to share and explain to others

KS3: Beat that - A game where teams of children set a social dilemma for another team to work together to solve

KS1

1. Share with the children a selection of photos showing people helping each other.
2. Ask the children what is special about the photos
3. Discuss how the different people are feeling

4. Link this to the story Have you filled your bucket today by Carol McCloud and David Messing. This shares the idea that when you help or support someone it fills their bucket up making them feel good but also fills your own up meaning that when you help someone it makes you feel good.
5. Explain to the children that you have to create an assembly that shows why it is important to help others.
6. Divide the children up into small groups and ask them to come up with a short sketch that shows people helping or supporting others and shares how it makes people feel and why.
7. Share the different sketches and choose the ones that everyone feels shows why supporting others is good.
8. Help the children share their sketches but also explain how the different people feel in each one.
9. Put together a class assembly showing the sketches and explanations

KS2

1. Divide the class into groups of 4-6 children and explain that for the next couple of weeks you are going to ask them to challenge each other, support each other and teach each other.
2. Create a timetable so that each group has a day over the next few weeks. Allocate one person to each week until all the children from each week have a day. ie Tom, Rick, Stan, Raj, Ben and Max are all in one group and their day is Monday. On week 1 Raj presents, Week 2 Tom Week 3 Rick etc
3. One person from each group needs to bring a maths challenge to share with the rest of their group on their week. This could be a puzzle, matchstick puzzle or number puzzle or word problem etc
4. Work with each group on each day (the presentation should take 30 minutes) ask the person to share their maths challenge with the rest of their group. Give the group time to work on the challenge, - they can ask questions about the challenge but the questions can only have a yes or no answer. Once the group has had time to work on the challenge people can say whether they have worked it out or not. Then ask the lead person to share how to work out their challenge with the group.
5. Explore what the different ways we can support or help people in and around school - learning is only one way.
6. Ask the children to spot people being supportive to others and then share what they have seen at the end of the day.

KS3.

1. Divide the children into groups of 4/5 and give them a photo and a name of a famous woman - ask them to find out who she is and what she did and then share this with the rest of the class.
2. Ask the children to present their famous woman and share what she did that make her so special
3. Explore why these people decided to help others in the way they did
4. Ask each group to come up with 2 social dilemmas which they are going to give to another team for them to discuss and problem solve as to what could be done. They need to be linked with how someone might help another person
ie Sam and Maddie come to school on the bus. They have a science test first lesson. The bus is running late so when they get to school they quickly get off and run to their lesson. Chaz has a Music exam first thing but as Chaz gets off the bus she realises that Sam or Maddie have left their Science book on the bus. What does she do? - Ask the group to think of alternatives and then choose the one they feel is best
5. Share the dilemmas so that each group has 2 to work on. Give them time to explore the different ways that the problems could be solved and then choose the best way. Once they have done this then ask each group to present their dilemma and their solutions to the group. Ask the group to vote on which one they would choose and then see if this was the same one as the group chose.

Resources:

1. Maths puzzles
2. Social dilemmas
3. Pictures of Famous women who have supported or helped others
Edith Cavel, Marie Curie, Mary Seacole, Mother Teresa, Clara Barton, Elizabeth Garrett Anderson
4. Have you filled your bucket today by Carol McCloud and David Messing

Important Points:

Helping and thinking about others is an important to society

Learning links:

Team work, friendships, self-development, emotional literacy

Reflection:

Questions:

Positive comment from child:

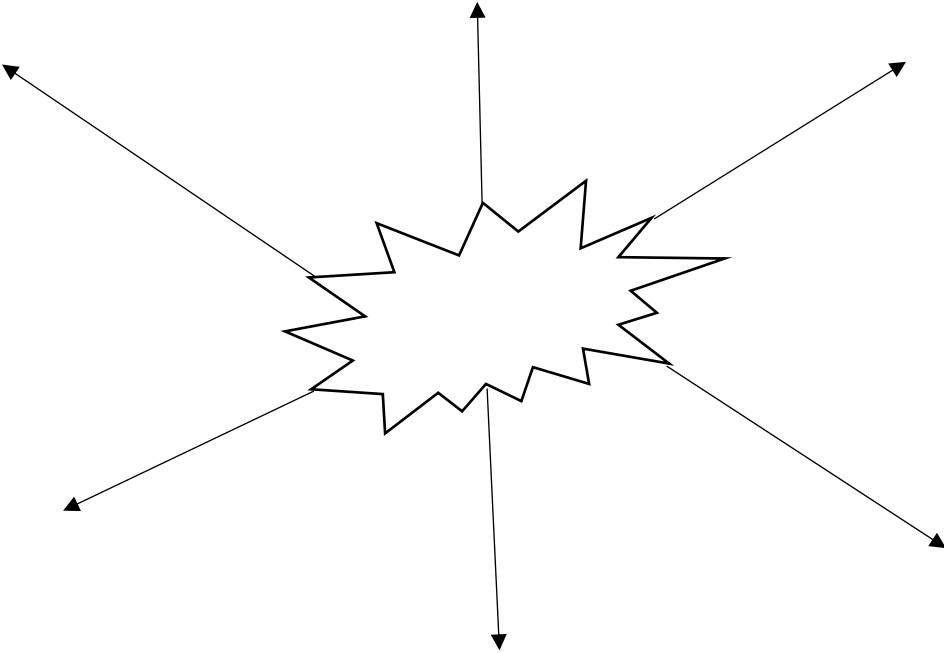
Positive comment from adult:

Learning Dimensions		Social & Emotional Skills	
Strategic Awareness		Emotional Literacy	
Learning Relationships		Neuroscience	
Curiosity		Self-Regulation	
Creativity		Self-Development	
Meaning Making			
Changing & Learning			
Resilience			

Social Dilemma Record Sheet

Social Dilemma

Possible Solutions



Solution Choice and Reason