

FUN

ACTIVITIES TO DO WITH YOUR CHILD IN SUMMER 😎

Fill in Colouring Sheets! (Pg.2)

Colour in Summer-themed images with
your child 🌞

Finger painting! (Pg.3)

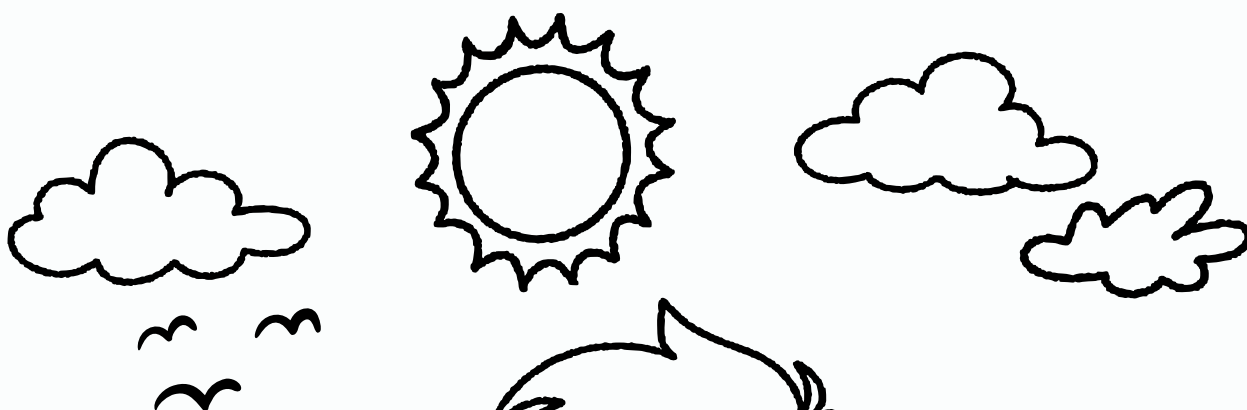
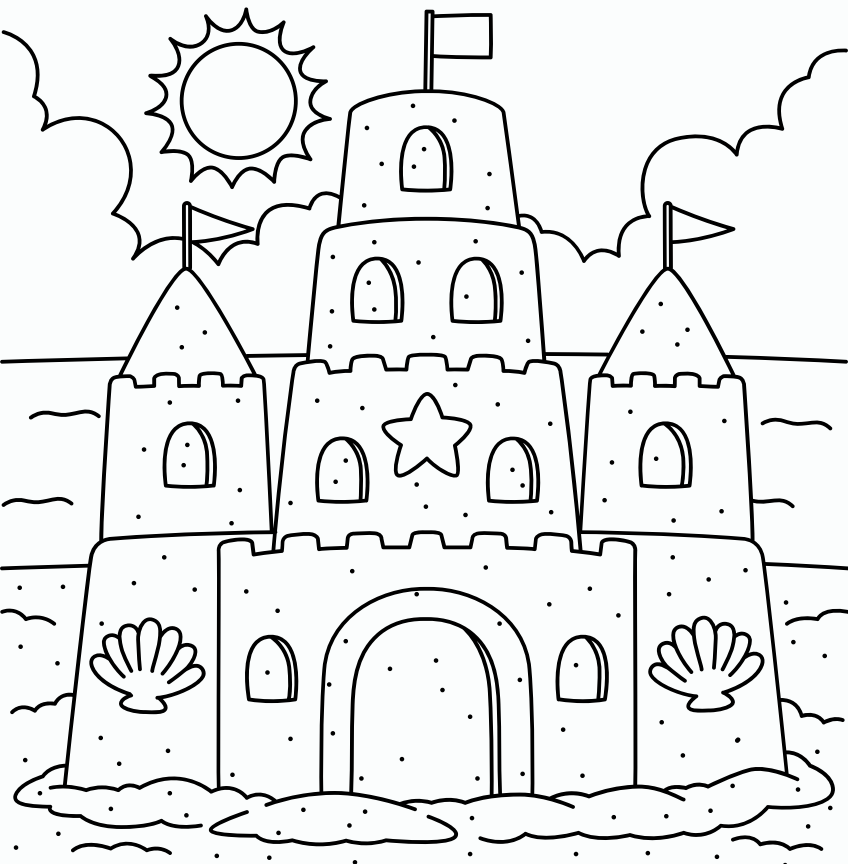
Paint Summer-themed pictures and get
creative! 🕶️

Create a board game! (Pg.4)

Use your imagination and create a fun
board game 🎲

Make Freezelicious Ice Cream! (Pg.5)

Use our exclusive ice cream recipe to
cool off! 🍦



FINGER PAINTING

Finger painting is a delightful and messy activity that kids can enjoy with their parents during the summer.

1) Prepare Materials:

Gather finger paints (you can make your own or buy age-appropriate ones), paper (newsprint or construction paper), mixing cups, and brushes or sponges.

Set up a workspace where it's okay to make a mess. Cover the floor with a drop cloth, use a paint-friendly tablecloth, and wear clothes that can get messy.

2) Introduce the Activity:

Show your child how to dip their fingers into the paint and make marks on the paper.

Demonstrate different techniques like smearing, dabbing, and dragging.

3) Encourage Exploration:

Let your child experiment with mixing colours, creating patterns, and using different parts of their hands (palms, knuckles).

4) Get Creative:

Draw shapes, animals, or abstract designs using finger paints. Use vegetable cutters as stamps, rollers for new patterns, or stickers to decorate the artwork.

5) Make It Educational and Fun:

Describe colour mixing (e.g., how primary colours create secondary colours).

Play music while painting to add rhythm and enjoyment.

Remember:

It's about fun and exploration, so perfection isn't necessary.

Protect surfaces with cardboard or paper to make cleanup easier.

Feel free to adapt these steps and let your creativity flow! 🎨😊



BOARD GAMES

Creating a summer board game for parents and kids can be a delightful project.

1. Choose a Theme

Decide on a fun and engaging theme for your board game. It could be related to summer activities, beach adventures, or anything that excites kids.

2. Design the Game Board:

Draw or print a large game board on paper or poster board. You can create a winding path with colourful squares or any shape that fits your theme.

Add starting and finishing points, along with spaces for various actions (e.g., collect shells, build sandcastles).

3. Create Game Pieces:

Cut out small shapes (like beach balls, flip-flops, or suns) to use as game pieces. You can also use small toys or figurines.

Each player needs a unique game piece.

4. Define Rules and Actions:

Decide what happens when players land on different spaces (e.g., draw a card, move forward, skip a turn).

Create action cards (e.g., "Surf's Up! Move ahead 3 spaces," or "Caught in a Sandstorm! Go back 2 spaces").

5. Add Challenges and Rewards:

Include challenges like trivia questions about summer or riddles related to the beach.

Offer rewards for landing on specific spaces (e.g., "Collect a seashell" or "Build a sandcastle").

6. Test Your Game:

Play your board game with family members or friends. Make adjustments as needed to ensure it's enjoyable and balanced.

7. Decorate and Personalise:

Add colourful illustrations, stickers, or drawings to make the game visually appealing.

Personalise it by naming the spaces (e.g., "Ice Cream Stand" or "Treasure Cove").

Remember, the goal is to have fun and create lasting memories. Enjoy making your summer board game! 🌞🎲🏖️



FREEZELICIOUS ICE CREAM!

Making unique, freezelicious ice cream flavours at home is a fun summer project. Here are three easy steps to create your own custom ice cream flavours using store-bought vanilla or chocolate ice cream:

1) Start with Quality Ice Cream:

Purchase high-quality vanilla or chocolate ice cream from the store.

Soften the ice cream by leaving it out at room temperature for a few minutes or using a mixer.

2) Add Creative Mix-Ins:

Mix in your favourite ingredients to create unique flavours.

Here are some ideas:

- Red, White, and Blueberry Ice Cream: Fold in fresh blueberries and raspberries for a patriotic treat.
- Lemon Poppy Seed Ice Cream: Add lemon zest and poppy seeds for a zesty twist.
- Cereal and Milk Ice Cream: Stir in your favourite cereal (like Fruit Loops or Cocoa Puffs) for a nostalgic flavour.

3) Chill and Enjoy:

Once the mix-ins are evenly distributed, return the ice cream to the freezer to firm up.

Scoop and serve your homemade creation!

Remember, the possibilities are endless! Feel free to experiment with other ingredients like crushed cookies, nuts, or even herbs like basil or mint.

Enjoy your delicious homemade ice cream! 🍦☀️